

Quick Reference Guide

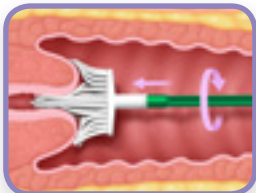
ThinPrep® Pap Test Instructions for specimen collection

ThinPrep Pap Test Cervex-Brush® protocol

- Prepare all equipment before starting the procedure.
- Note expiry date on sample collection vial. Do not use expired vials.
- Ensure the entire plastic seal is removed from the lid of the vial and discarded.
- Complete patient details on both the request form and the vial. Specimens may be returned if details are missing from the vial.
- Remove the lid from the vial before taking the sample.
- If lubrication of the speculum is required, a little warm water should be used. If necessary a small amount of water-soluble carbomer-free lubricant should be applied sparingly to the outer portion of the speculum with great care to avoid the tip as it may interfere with the ThinPrep Pap Test process.



Record patient ID on the vial as required by local regulations.
The patient information and medical history on the cytology requisition form.



Obtain an adequate sample from the cervix using a Cervex-Brush (broom-like device). If desired, use lukewarm water to warm and lubricate the speculum. Sparingly apply water-soluble carbomer-free gel lubricant to the posterior blade of the speculum if necessary.¹² Insert the central bristles of the brush into the endocervical canal deep enough to allow the shorter bristles to fully contact the ectocervix. Push gently, and rotate the brush 360° in a clockwise direction 5 times.



Rinse the Rovers® Cervex-Brush immediately into the PreservCyt® Solution vial by pushing it into the bottom of the vial 10 times, forcing the bristles apart. As a final step, swirl the brush **vigorously** to further release material. Visually inspect the Rovers Cervex-Brush to ensure that no material remains attached. Discard the collection device. **Do not leave the head of the Rovers Cervex-Brush in the vial.**



Tighten the cap so that the black torque line on the cap passes the black torque line on the vial. **Do not over-tighten.**



Place the vial and the corresponding patient requisition form in the Special Medical Packaging provided.

Frequently Asked Questions

What do I do if the vial is knocked over?

If the vial is knocked over after the sample has been taken, look to see if any fluid still remains in the vial. If about one third of the fluid still remains in the vial, then the vial can still be sent to the lab for processing. Make a note on the request form to inform the laboratory of the sample spillage. Do not 'top up' the vial from a new vial as the lab will make any necessary level adjustments.

Can I take a ThinPrep sample if the patient is menstruating?

No. Peri-menstrual samples should be avoided.

Can I use the Rovers Cervex-Brush where there is stenosis of the os?

It is still possible to use the Rovers Cervex-Brush however an endocervical brush may also be used at the discretion of the practitioner. Both sampling devices should be rinsed in the same patient vial.

Can I use the Rovers Cervex-Brush for vault samples?

Yes. You can use the Rovers Cervex-Brush to take vault samples. The device should be applied by using a sweeping action.

Can I use the Rovers Cervex-Brush if there is an extensive ectropion area?

Yes. You can use the Rovers Cervex-Brush when there is an extensive ectropion area. Collect the sample using a circular sweeping action.

Can I use a lubricant?

If lubrication of the speculum is required, a little warm water should be used. If necessary a small amount of water-soluble carbomer-free lubricant should be applied sparingly to the outer portion of the speculum with great care to avoid the tip as it may interfere with the ThinPrep Pap Test process.

Do I need to take a sample for HPV testing?

No. HPV testing can be performed on the same material collected for the ThinPrep Pap Test.

Do's

- Do gently remove any excessive mucus before sampling
- Do use either the Rovers Cervex-Brush (broom-like device) on its own or a plastic spatula and endocervical brush combination
- Do rotate the Rovers Cervex-Brush 5 times in a clockwise direction through 360°
- Do insert the endocervical brush such that you can see the lower row of the bristles and make a quarter to one half turn
- Do insert the Rovers Cervex-Brush device immediately into the vial by pushing it into the bottom of the vial 10 times, forcing the bristles apart. As a final step, swirl the brush vigorously to further release material. Visually inspect the Rovers Cervex-Brush device to ensure that no material remains attached. Discard the collection device
- Do replace the lid and tighten so that the black torque line on the cap passes the black torque line on the vial to avoid leakage
- Do keep the unlabelled portion of the sample vial free of labels so that the contents can be seen
- Do send samples to the laboratory without delay

Don'ts

- Do not routinely clean the cervix or take a cervical swab before taking a cervical sample
- Do not use non water-soluble lubricants containing carbomers
- Do not leave the collection device sitting in the vial whilst dealing with the patient
- Do not over tighten the lid onto the vial
- Do not detach the head of the Rovers Cervex-Brush into the vial
- Do not place multiple labels on the outside of the vial
- Do not apply any physician bar-coded labels vertically on the vial, apply them horizontally
- Do not apply any labels over the lid of the container
- Do not use expired vials
- Do not delay the sending of the vials to the laboratory

1. Cervicovaginal Cytology Based on the Papanicolaou Technique; Approved Guideline – Third Edition (Clinical and Laboratory Standards Institute GP15-A3).
2. Hologic internal study, data on file.

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